**ICRT News Lunchbox 110/10/04News for Kids（國小）**

Five-Year-Old Super Hiker

I like hiking… but I don't think I could hike for seven months!

One young boy in America hiked on a mountain trail with his mom and dad… for

209 days! That's about seven months! 一個小男孩跟著父母在山上走了209天！

The boy's name is Harvey. When Harvey first started hiking on the trail, he

was only four years old! His birthday came when they were hiking. And now

he's five years old! 小Harvey開始登山健行時才四歲，現在五歲了。

Harvey and his family went hiking on a long trail in America. The trail is in

the mountains and it's more than 3,500 kilometers long!

Harvey跟他家人走過的山路一共3500多公里。 Wow! That's a long way!

Harvey and his family slept in a tent every night and they had to carry all

the food and water they needed. That's a lot of work!

他們每天晚上睡在帳篷裡，白天要自己揹食物跟水走山路，很辛苦吧！

Now, the hike is finished and Harvey is going to kindergarten. But he says he

still wants to keep hiking!

現在Harvey開始上幼稚園了，不過他還是想繼續登山健行。

Do you like hiking? Do you think that you could hike for seven months! No?

Wow! Harvey and his parents are really cool people!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Vocabulary**

五歲小男生跟著父母在山上走了七個月，這可不是一般的旅行。

1. Mountain trail 山路。

I went hiking on a mountain trail yesterday. 我昨天去走山上的步道。

On Jade Mountain? 在玉山上嗎？

No, on Big Snow Mountain. 不是，是在大雪山。

2. Month 月。

Again? Didn't you just go there last month? 你又去喔? 你不是上個月才去過？

I did. I want to hike there every month. 沒錯，我想每個月都去那兒健行。

3. Family 家人。

I enjoy traveling with my family. 我喜歡跟家人一起旅行。

Me too. It's more fun to visit a new place with family.

我也是。去新的地方跟家人一起比較好玩。

4. Carry 攜帶。

Do we need to carry water? 我們需要帶水嗎？

Yes, water and food. 是的，帶水和食物。

這些是很有用的字。

mountain trail 山路

month 月

family 家人

carry 攜帶

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Quiz

1. How long did Harvey and his family go hiking for?

A: About seven days

B: About seven years

C: About seven months

2. How long was their hike?

A: More than 3,500 kilometers

B: More than 500 meters

C: More than 10,000 kilometers

3. How old was Harvey when they started hiking?

A: 40 years old

B: Four years old

C: Six years old

Answers

1. C

2. A

3. B

**ICRT News Lunchbox 110/10/04News Bites 文字檔 (國中)**

Hello everybody, and welcome to a new episode of News Bites!

I'm Trevor Tortomasi...

And I'm Nancy Sun.

In today's news:

Breakdancers get ready for a big performance, humans continue to change, and

a new actor plays an old character.

All that and more, coming up next.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

著名街舞團隊 國慶日亮相

Famous Dance Crew to Breakdance on Taiwan's National Day

Breakdancing (街舞) is a kind of dance that is becoming more and more popular

with young people.

It usually goes together with hip-hop music (嘻哈音樂), and has lots of big,

powerful moves.

Some breakdancers can even do flips, or spin on their head!

有的街舞舞者也會在跳舞的時候翻筋斗，或者頭頂在地上轉圈圈！

And one of Taiwan's most famous breakdancing teams, called "The Best Crew",

is going to have a big performance (表演) soon.

The Best Crew, also called "TBC", is the first dance group in Taiwan to both

perform street dance and teach it, too.

Its dancers are from all over Taiwan, and it has won many competitions (競爭)

and awards in both Taiwan and around the world.

They'll also be performing with some younger students who are learning to

dance.

The whole performance will include people as young as 6 years old, and as old

as 60.

And The Best Crew has even bigger performances planned for the future.

In the year 2024, they're planning to compete at the Olympics (奧運會) in

Paris!

That will be the first time breakdancing is shown as an Olympic Sport.

2024年的巴黎奧運，街舞將首度成為競賽項目。

If you want to learn breakdancing, there are lots of places in Taiwan where

you can look for teachers.

But don't worry about spinning on your head... just have fun!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

多餘的動脈 可能表示人類持續在演化

Extra Artery Could Be a Sign of Continued Human Evolution

Are you familiar with evolution (演化)？

Evolution happens when animals "evolve" over time, to adapt (適應) to the

place they live in.

For the past 3.5 billion years (三十五億年), life on Earth has been evolving

almost nonstop.

And humans might still be evolving, too!

But how can our bodies adapt to the world even more?

我們的身體要如何進一步適應這個世界?

Well, it may seem small, but scientists say they have found more and more

people with a special artery in their arms.

這可能是很小的一步，不過科學家發現，越來越多人的手臂裡面多了一條動脈。

An artery is a type of blood vessel (血管) that carries your blood from your

heart to the rest of your body.

Scientists say most people have three of these arteries in each arm when they

are born, but as they get older, each arm only keeps two arteries.

But after studying the bodies of many people throughout history, they found

that in the last one hundred years (近一百年來), more people's bodies have

kept all three!

And they predict (預測) that even more adults will have this third artery in

the year 2100.

Scientists say it can help to send more blood to the hand, but that if you

don't have it, there's still nothing to worry about.

科學家說這條動脈可以多輸送一點血液給手掌，但就算沒有它，也沒什麼好擔心的。

The most important point (重點) is to understand that everything keeps

changing, even if we don't notice it.

Just think of what we'll find next!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

So, in today's News Bites:

A breakdancing team called "The Best Crew" is going to have a big performance

soon.

Also called "TBC", they are the first dance group in Taiwan to both perform

and teach street dance.

Its dancers are from all over Taiwan, and it has won many competitions around

the world.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

And,

Scientists say they have found more and more people with a special artery in

their arms.

An artery is a type of blood vessel that carries your blood from your heart

to the rest of your body.

They say it can help to send more blood to the hand, but if you don't have

it, there's still nothing to worry about.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

And,

Jabari Banks will star in the new version of The Fresh Prince of Bel-Air.

He will play the part of Will Smith.

In the original show, Will Smith played the character, who was named after

him.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

And that's today's episode of News Bites!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

主播每周一問

Have Your Say

This week, we want you to have your say about annoying things.

On most days, we can do something fun, meet someone nice, or go somewhere

interesting. But not everything is easy to do. Sometimes, we have to do

things we don't want to, and that can feel very annoying.

So, what is the most annoying thing you have to do?

Record your message and send it to newsbites@icrt.com.tw with your name and

age, and if you like, the name of your school.

Make sure to send us your recording by Thursday at noon, and you might hear

your message on our show on Friday!