**ICRT News Lunchbox 110/09/14News for Kids（國小）**

Man Skates Across Canada

Hi everyone! Do you like riding a bicycle? Or maybe a skateboard?

What about in-line skating? Have you ever tried it?

In-line skating 就是溜直排輪. It's fun. But be careful not to crash into anything!

In Canada, there's a man called Zach, who must really like skating.

加拿大有個叫Zach的人超愛溜直排輪。

He skated from one side of Canada, all the way to the other side! From the west to the east! 他從加拿大西岸一路溜到東岸。

And Canada is a really big country!

Zach's sister, Rachel, went with him, she was driving behind him in a van.

Zach 的家人開車跟在後面。

From start to finish, their journey took almost 3 months, and was over 10,000

kilometers! 他們這趟旅行全程超過一萬公里，花了3個月。

That's a new world record for skating! 那是世界新紀錄！

They did it for two reasons. The first was to have fun!

他們想這麼做，原因之一就是為了好玩！

The second reason was to raise awareness for the environment and for bees.

第二個原因是提升大家對環境保護和蜜蜂的認知。

Zach says bees are so important for the environment. If we can help bees, we

can help everyone!

Great job Zach and Rachel. And congratulations on breaking the skating record!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Vocabulary**

1. Journey 旅行。

The journey took Zach 90 days. 那一趟旅行花了札克九十天。

It's actually shorter than I thought. 其實比我想像的少。

Me too. I thought the journey would take at least half a year.

我也是。我以為那趟行程至少要半年。

2. Reason 理由。

Zach's reasons are interesting. 札克的理由很有趣。

What are his reasons? 他的理由是什麼？

For fun and for raising awareness for bees!

為了好玩，也為了提升大家對蜜蜂的意識。

3. West 西邊，East 東邊。

There's a lot more air pollution in the west than in the east.

西部的空氣汙染比東部多好多。

That's true. 這是真的。

I think it's because all the big cities are in the west.

我想是因為大城市都在西邊。

**大家一起來讀單字。**

**journey 旅行**

**reason 理由**

**west 西邊**

**east 東邊**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Quiz

1. What did Zach use to break a world record?

a. A big car

b. In-line skates

c. A bicycle

2. What journey did Zach make?

a. He went from one side of Canada to the other side

b. He went from Taipei to Kaohsiung

c. He went all the way around Hong Kong

3. Why did he make the journey?

a. Because he doesn't like skating

b. To help bees and the environment, and to have fun

c. Because he didn't have a car

Answers

1: B

2: A

3: B

**ICRT News Lunchbox 110/09/14 News Bites 文字檔 (國中)**

Hello everybody, and welcome to a new episode of News Bites!

I'm Nancy Sun...

And I'm Ryan Drillsma.

In today's news:

Hermit crabs enjoy the beach, young gamers get cut off, and Drax is leaving

Marvel.

All that and more, coming up next.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

寄居蟹放鬆脫殼 漫步找新家

Hermit Crabs Enjoy Empty Beaches

Picture a hermit crab (寄居蟹).

Do you think of a little crab-like animal with a shell (貝殼) on its back?

But what does a hermit crab look like without a shell?

Hermit crabs live close to water.

They keep most of their body in a shell, to stay safe.

If they do not have a shell, it would be very easy for a bird or a bigger

animal to eat them.

And when hermit crabs grow bigger, their old shell gets to be too small for

them.

They will leave their old shell and find a bigger new shell to live in.

This can be a very dangerous time for hermit crabs.

Usually, the hermit crab will make the switch (替換) very quickly, or they

might get hurt when they are outside of their shell.

Lots of hermit crabs live on the beaches of Xiaoyeliu (小野柳) in Taitung.

Because of COVID-19, there were almost no people on the beaches there over

the summer.

And this has made the hermit crabs very relaxed!

A video was posted online, showing a hermit crab walking around without a

shell.

The hermit crab slowly looks for a new shell, and feels many different shells

with its front legs.

It goes back and forth a few times before choosing its perfect shell.

Then finally, it gets in and makes the shell its new home.

通常寄居蟹換殼會快速幾秒鐘完成，因為全身暴露在外有很大的風險，不過疫情讓小野柳遊客變少，讓當地的寄居蟹放鬆脫殼，悠閒地挑選新螺殼。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

大陸防未成年者沉迷電玩 平日禁打、假日只能玩1小時

China Bans Kids Videogames on Weekdays

Playing video games too much can be bad for you.

Staring at a screen for a long time is bad for your eyes, and you won't get

much exercise (運動).

Now in China, the government is taking a big step to control how long people

play video games.

China's government says children under 18 years old may not play any video

games Mondays to Thursdays.

And they may only play one hour, from 8pm to 9pm on Fridays, weekends, and

holidays.

And this is for games on cell phones, tablets, and computers.

中國大陸為了預防青少年沈迷電玩，公佈了新規定，未成年人在週末和假日時只能玩一小時遊戲，非假日都不可以玩。

Do you think this is a good idea?

Actually, China already had limits on game time.

In 2019, the government said children could only play 90 minutes on weekdays,

and three hours on weekends.

Officials say this is to make sure young people don't get addicted (上癮) to

gaming.

But how do they know how long you have played?

The government says people who play games online must use their real name to

open an account.

And gaming companies can only let young people play from 8pm to 9pm on

Fridays, weekends, and holidays.

Players under 18 years old will not be able use their account on school

nights.

大陸政府規定使用者必須用實名註冊與登錄遊戲，未成年的玩家只有禮拜五、周末、還有國定假日的晚上8點到9點才可以玩。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

德克斯演員將退出漫威宇宙

Drax Actor Leaving MCU

A Guardian of the Galaxy is stepping down.

Dave Bautista plays Drax the Destroyer in the Marvel Cinematic Universe.

He says that once the third movie in the Guardians series is done, he will

leave the role (角色).

Dave says that will be the end of his Drax journey.

德克斯演員巴帝斯塔說拍完第三部星際異攻隊電影之後，他會退出漫威電影宇宙。

Dave has already finished filming his part in the fourth Thor movie.

Production on the third Guardians movie is expected to begin in October.

Dave hopes that in his last outing, Drax will be able to show off (表現) his

physical abilities more.

In the previous movies, Drax played a more comedic role.

巴帝斯塔希望第三部電影可以發揮德克斯的戰鬥能力。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

So, in today's News Bites:

Hermit crabs are enjoying the beaches of Xiaoyeliu in Taitung.

Because of COVID-19, there were almost no people on the beaches there over

the summer.

A video was posted online, showing a hermit crab walking around without a

shell.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

China's government says children under 18 years old may not play any video

games Mondays to Thursdays.

And they may only play one hour, from 8pm to 9pm on Fridays, weekends, and

holidays.

And this is for games on cell phones, tablets, and computers.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

And,

Dave Bautista, who plays Drax the Destroyer, says he is leaving the Marvel

Cinematic Universe.

He says that once the third movie in the Guardians series is done, he will

leave the role.

Dave says that will be the end of his Drax journey.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

And that's today's episode of News Bites!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

主播每周一問

Have Your Say

This week, we want you to have your say about space.

Going to space would be an amazing adventure. Do you ever imagine what that

would be like? And pretty soon, you might be able to buy a ticket for space,

just like buying an airplane ticket.

So if you went to space, what would you take with you?

Record your message and send it to newsbites@icrt.com.tw with your name and

age, and if you like, the name of your school.

Make sure to send us your recording by Thursday at noon, and you might hear

your message on our show on Friday!