**ICRT News Lunchbox 110/09/13News for Kids（國小）**

Video Games Can Be Good for Your Health

Video games are so fun. I could play video games for hours!

But my parents always tell me I shouldn't play video games for too long

because it will make my eyes go bad and rot my brain.

我爸媽都說玩太多電動遊戲會傷害眼睛，對腦袋也不好。

Well, guess what? I can prove them wrong!

Some very smart researchers from around the world found out that video games

can actually be really good for your brain!

有一些研究員發現電動遊戲其實對你的腦袋很好！

For example, researchers found out that playing video games can actually help

the brain remember more things. 可以幫助記憶。

They can actually make you smarter, too! Researchers found out that some

people were actually able to think better after playing video games.

研究顯示，打過電動之後，頭腦也會比較清楚。

And guess what else? Some studies showed that people's brains actually got

bigger after playing a lot of video games! 有一些人的腦容量變大了! All the

parts of the brains that are in charge of memory, planning, and how you move

your body… all got bigger!

Isn't that amazing? The next time my parents tell me to stop playing video

games, I'll just tell them that I should keep playing, because it will make

my brain bigger, better, and smarter!

It still might not be very good for my eyes though… Hmm…

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Vocabulary

研究人員說，打電動對腦袋是有好處的。

1. Researcher 研究人員。

Researchers are people who study things. 研究員就是研究東西的人。

What things? 什麼樣的東西？

Like what's good for the brain. 比如說什麼對頭腦比較好。

2. Brain 腦袋。

Sleep is important for the brain. 睡眠對腦子很重要。

Yeah, I know. 我知道。

But you only sleep 4 hours a day. 但是你一天只睡4小時。

How does your brain still work? 為什麼你的腦袋還是有用？

3. Better 更好。

I can think better after taking a shower. 我洗過澡之後比較能想事情。

For me, walking is better. 對我來說走路比較好。

4. Smarter 更聰明。

My computer is getting smarter! 我的電腦越來越聰明了。

What do you mean? 怎麼說？

It just said I should take time off tomorrow. 它剛剛說我明天應該請假。

Please read after me.

researcher 研究員

brain 腦袋

better 更好

smarter 更聰明

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Quiz

1. What part of the body is talked about in this story?

a. The face

b. The brain

c. The hands

2. What did studies show playing video games did to the brain?

a. Made them bigger

b. Made them smaller

c. Made them dumber

3. What didn't researchers say in the story?

a. Video games make your eyes bad

b. Video games make some people smarter

c. Video games make some people think better

Answers

1. B

2. A

3. A

**ICRT News Lunchbox 110/09/13 News Bites 文字檔 (國中)**

Hello everybody, and welcome to a new episode of News Bites!

I'm Trevor Tortomasi...

And I'm Nancy Sun.

In today's news:

Taiwan wins medals in science, we watch the tiniest animals walk, and an

actor might return to the Potter universe.

All that and more, coming up next.

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國際地球科學奧林匹克賽 台灣奪金

Taiwan Wins Gold Medals At The International Earth Science Olympiad

Did you pay attention in science class?

Well, even if science isn't your favorite subject in school, it's very

important to learn at least a little bit.

Of course, "science" is just one word, for many different kinds of subjects

(科目)!

And this year, some students from Taiwan were in a competition (比賽) for

those different subjects.

The competition was called "The International Earth Science Olympiad"

(國際地球科學奧林匹克), also called the I.E.S.O.

It was held (舉辦) online, because of the COVID-19 pandemic, but this was the

event's 14th year.

The competition tests students in subjects like geology (地質學), meteorology

(氣象學), environmental science (環境科學), and astronomy (天文學).

And Taiwan's team of high school students got first place!

Well, they tied (打成了平手) with the Australian team, but that's still

pretty excellent.

Taiwan's team won four gold medals (金牌), and one silver medal (銀牌).

The winning students made science projects about subjects like "fundamental

sciences" (基礎科學), "ancient creatures" (古代的生物), and "the mysteries of

nature" (大自然的神秘).

And many of the students say they want to continue to do more science

projects in the future.

很多參加比賽的學生說，他們未來還想要繼續研究科學。

Even if science isn't your favorite subject, it's important we encourage

(鼓勵) young people to learn more about it.

Congratulations to Taiwan's science team!

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緩步動物門的小東西 如何走路

Scientists Learn How Tardigrades Walk

There are lots of different animals, of all shapes (形狀) and sizes (大小),

all over the world.

But there is one amazing animal so tiny that you almost can't see it!

It's called a Tardigrade (緩步動物門).

Even the biggest tardigrades are only one millimeter long (一毫米長)!

So scientists have had to use many different microscopes (顯微鏡) to take

pictures of these tiny animals.

The word "tardi" means "slow", and the word "grade" means "a step", so the

whole name in English means the same thing as in Chinese!

But even though they are named for their slow steps, scientists have only

just learned how these tiny animals walk, since each Tardigrade has eight

legs!

Scientists recently watched tardigrades walk across different surfaces, and

found that their way of walking is very similar to insects.

科學家仔細觀察這些細小的動物，在不同的平面上走路，發現牠們走路的方式跟昆蟲很像。

They say it's a little strange, because tardigrades and many insects are very

different sizes, and made of completely different stuff.

Scientists have also learned that their walk isn't the only interesting thing

about them.

Tardigrades live in wet places, especially places with lots of moss (苔癬),

so some people also call them "water bears".

But they can live almost anywhere!

They can live very close to the heat of a volcano, or in the snow in

Antarctica (南極洲).

And they can even survive in outer space, with no air!

牠們連在沒有空氣的外太空，都能夠存活！

Now, you can find videos online of tardigrades moving their tiny little feet.

If you think they look weird, or scary, don't worry... they don't hurt people.

There is still so much to learn, from the little things we can't even see!

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哈利波特主角想演新角色

Daniel Radcliffe Interested in Other Potter Character

The star of Harry Potter is willing to return to the franchise.

Daniel Radcliffe played the title role (劇名角色) in all 8 Harry Potter

movies.

He now says he would be interested in returning for a possible reboot of the

franchise.

Obviously, he would not be able to play Harry again.

哈利波特主角丹尼爾·雷德克里夫說他願意參與重新詮釋的電影系列。

Instead, Daniel says he would be interested in playing Sirius Black or Remus

Lupin.

Those roles were played by Gary Oldman and David Thewlis in the original

franchise, respectively.

Daniel says his choices are influenced (被影響) by the great experience he

had with those actors.

He says those are some of his favorite memories.

There are currently no plans to reboot the Harry Potter movies.

It has been discussed recently though, because it is the 20th anniversary of

the first film's release.

丹尼爾當然沒辦法再演哈利，但他說他對別的角色有興趣。

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So, in today's News Bites:

Some students from Taiwan were in a competition called "The International

Earth Science Olympiad".

The competition tests students in subjects like geology, meteorology,

environmental science, and astronomy.

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And,

The tardigrade is a tiny animal, only about 1 millimeter long.

Scientists recently watched tardigrades walk across different surfaces, and

found that their way of walking is very similar to insects.

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And,

The star of Harry Potter, Daniel Radcliffe, says he is willing to return to

the franchise.

He says he would be interested in playing Sirius Black or Remus Lupin.

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And that's today's episode of News Bites!

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主播每周一問

Have Your Say

This week, we want you to have your say about space.

Going to space would be an amazing adventure. Do you ever imagine what that

would be like? And pretty soon, you might be able to buy a ticket for space,

just like buying an airplane ticket.

So if you went to space, what would you take with you?

Record your message and send it to newsbites@icrt.com.tw with your name and

age, and if you like, the name of your school.

Make sure to send us your recording by Thursday at noon, and you might hear

your message on our show on Friday!